

A SIDELIGHT ON HISTORY.
(From the Journal of the American Historical Association.)
One of the greatest, after having been observed, "It is a pity that the time will come when looking at midnight will have no other value than that the road has been the whole road."

Don't Let Soap Spoil Your Hair

When you wash your hair, be careful what you use. Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is just plain multifunctional coconut oil, for this is pure and entirely greaseless. It is very cheap, and beats the most expensive soaps or anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff—Advt.

SPELL "EFFICIENCY" AND YOU FIND NAME OF HOSPITAL NO. 5

Despite Obstacles Marvels Have Been Done in Old Grand Central Palace.

The efficiency of American arms in Europe, to say nothing of the efficient manner in which our soldiers were transported there and the efficient manner in which they were cared for, has been heralded far and wide. Also the efficiency with which our wounded fighters, on their return to this port, have received has made good reading, but while weighing up the word efficiency it might be well to give a little attention to Debarcation Hospital No. 5, located at 46th Street and Lexington Avenue (Grand Central Palace).

While all of the base and debarcation hospitals throughout the many precincts of the port are run with the excellent precision of clockwork, not one has been "up against" the preparatory impediments which have been encountered by No. 5.

Much of the credit for the preparedness of this hospital, which now accommodates 1,000 patients and which is rapidly reaching a stage where it will care for 2,000 more, is due to Major William Conger, M. C., the commanding officer. Handicapped by having 1,000 patients thrust upon him one month ahead of time, Major Conger has worked in a tireless manner to care for the wounded heroes and at the same time complete the construction of the hospital.

As for equipment, No. 5 is the equal of any emergency hospital in the United States and ahead of many permanent institutions. The War Department had ordered the big twelve-story building in readiness to receive returned wounded soldiers on Jan. 20 of this year. Reconstruction was progressing in great strides when, on Dec. 22, Major Conger received word that 1,000 men would be sent to him from incoming transports at once. They arrived and were cared for.

Major Conger was then forced to divide his time between the wounded and the construction work. This he did, giving two-thirds of his time to the men and the other third to building inspection. The results of his efforts to-day show that he can do two things at the same time and do both equally well.

High in the middle of the "jam" word came from the War Department to take an inventory. The inventory was taken. When it was over, word was sent to the Medical Supply Department to take an inventory. This meant that that department closed its doors and took the inventory. Meanwhile, orders for supplies received no attention, but still Debarcation Hospital No. 5 continued to function in an efficient manner. There are only a few of the obstacles that had to be surmounted.

To-day, six days before the original date set for the opening of the hospital, it is almost in shape despite handicaps. Here and there are signs of carpenters and plumbers, but within two weeks they all will have disappeared and 2,000 of the valiant may enter. As a matter of fact, half this number could probably be taken care of right now.

Major Conger explained to an Evening World reporter yesterday that the present cost of a daily ration for one man is 45 cents. This sum is expended for the enlisted men on duty. The patients in the hospital enjoy a "boost" of 25 per cent, and this goes for the nurses too. Officers go outside and buy their own meals.

One of the most interesting places in the hospital is the kitchen. The Plaza boasts of nothing more complete or cleaner. When The Evening World reporter visited the kitchen with Major Conger yesterday two of the chef's assistants were cutting up great quantities of corned beef. The major explained that this was for dinner for the enlisted men on duty. The reporter had been invited to luncheon and was sorry he had not called later in the afternoon. The "Irish turkey" looked just like the kind he used to get at home.

The electric potato peeler was taking the "jackets" off some of the fin-

THIRTEEN-YEAR-OLD GIRL WINS MONEY AND HEALTH ON HER LONG ISLAND "FARM"



est "apud" imaginable, and the savory odor of rice pudding came from several great pots. There were several other great pots filled with savory edibles, and the combination drove one's mind off everything except eating.

Luncheon consisted of beans, a fine cold stew, potatoes, rice pudding, coffee or tea. It was great. The nurses have their own dining room. The Evening World reporter heard only one complaint. That was from a man who didn't like the fact that tablecloths were missing. Major Conger said they had been ordered and would soon be on hand.

Inquiry among the enlisted men brought few complaints. They were all happy and looking for a second helping. The patients all declared that they never felt better and that the "chow" was tops.

There is one of the best X-ray rooms in the city in the hospital. The X-ray, Major Conger, explained, has more than proved its worth during the world war, and now rests as one of the greatest aids in the saving of human life. The diet kitchens are model, and all of the wards, surgical, isolation and others, are the best examples of neatness and efficiency.

There are 200 nurses on hand, aided by seventy-five young women. Two hundred enlisted men help the nurses as orderlies, and there are twenty-five officers on hand, mostly physicians. One nutrition expert helps keep things right, while a chief dietitian and six assistants help give the men what they need.

Col. Gibson, who handled all of the exportation of medical supplies from this port during the war, made an inspection of the hospital with Major Conger and the reporter.

"At first I believed that this building was not adaptable for a hospital, but now that I see the wonderful work that has been done I want to say that results obtained are remarkable," he said.

MONEY AND HEALTH, ALSO JOY, REWARD FOR FARMER GIRL

Mildred Koehler, 13, of Long Island, Wins Valuable Prizes for Her Work.

"The term 'dividends' always suggested profit, and profit has always suggested large financial and manufacturing operations. 'Dividends' is a word that has always been so useless to a farmer that it was never necessary for him to thumb a dictionary to find out what it really meant. But now he knows, and he didn't have to look in the dictionary to find out. Farming pays, and is going to keep on paying dividends in cash, in health and in self-satisfaction."

Thus in effect spoke little Miss Mildred Koehler, a thirteen-year-old pupil at Malverne School No. 12, at Malverne, L. I., and she has the best proof in the world to back up her assertion. She has the dividends. Little Miss Koehler is the daughter of A. Joseph Koehler, who has a novelty store in Park Row, the last place in the world one would go to seek pastoral suggestion, but Mr. Koehler himself has a sort of sneaking admiration for farm life, despite the demands of his business. It was this which prompted him to raise his family out "in the country," at Lynbrook, and probably also what put the germ of farming instinct into his children. At any rate, when Mildred began her school days, the nature studies interested her immensely, especially those chapters dealing with vegetation and the conditions under which it best thrived.

Her school books didn't specialize enough in this direction, but there are always libraries, and these Mildred patronized until she became fairly expert in her knowledge of soils and their adaptability to different purposes.

Then came the great war and the great Hoover, with his warnings to the people that those who could not fight should do their utmost to raise foodstuffs. Appeals were made to children and they did not fail on deaf ears. "War gardens" cultivated largely by youngsters, sprang up in all sections of the country. Mildred was one of the first to respond, and she did so with such earnestness that she has won national renown. Here is a list of the prizes she won with her 1918 garden:

Malverne School District, first prize; Junior Home Gardens of Nassau County, first prize; Rockland Club, second prize; New York State Fair, first prize.

This latter was the big prize of all and was competed for by children from all over the State. Miss Koehler received the first prize for girls, beating 700 competitors. Her success in these various competitions caused the fame of her garden venture to spread in all directions, and after she got the State prize the United States Department of Agriculture asked her to write an essay about her work, how she did it, what she raised and to what profit. This essay she has completed and has just mailed to Washington.

The plot cultivated was 60 by 100 feet, but this year Miss Mildred is going to "farm" a plot 100 feet square. This ground has already been fertilized and at the first sign of spring will be put to work drawing more wealth out of the soil for the little farmerette. While she is gaining practical knowledge her brother is attending the agricultural college at Cornell and after a while the whole family will pick out a nice place in the country and start farming as a means of livelihood.

Miss Mildred's essay is a plain statement of what she planted, how she cultivated her various crops and given a table of returns in money. Here is a list of the things she planted last year: Peas, turnips, white tip radishes, lettuce, peppers, endive, carrots, string beans, Swiss chard, wax beans, red cabbage, tomato, table celery, romaine lettuce, celery knob, Chinese cabbage, onions, kohlrabi, green pod beans, black radishes, white cabbage, early cabbage and winter chloirey.

The financial result of her year's use of her old home follows:

Yield of garden at 10 cents 40 hours.....	\$5.70
Cost of seeds and manure.....	\$2.50
Cost of fertilizer.....	\$1.50
Less: seedling and other materials.....	10.00
Total.....	\$2.70
Produce sold and used.....	\$14.25
Produce preserved.....	\$2.50
Total.....	\$20.45
Net profit.....	\$17.75

"See you, see," said Miss Mildred, "farming can certainly be made to pay by way of the back yard garden."

DEFENDS PUEBLO PAPER.

Senator Thomas Calls Propaganda Hearing Witness Liar.

WASHINGTON, Jan. 15.—Senator Thomas of Colorado, appearing to-day before the Senate Judiciary Committee investigating German propaganda, declared that the testimony given yesterday by Austin J. Smith that an arrangement was made with Count von Bernstorff to pay for the support of the German Ambassador in 1913 was untrue.

"This man Smith is an unscrupulous blackguard, a liar, and a scoundrel, and I believe he is a forger," said Senator Thomas.

FULTON TRUCK OUTPUT.

Preparations are being made by the Fulton Motor Truck Company at Farmingdale, L. I., to greatly increase the output of the 15-ton trucks of the company during 1919. Additions will be made to the plant.

The Fulton Company is preparing to do much manufacturing of materials where necessary, to insure a steady output and to take care of this work entails the addition of a number of buildings which, when completed, will more than double the plant.

\$1,000,000 to Aid Four Parsons.
The Presbyterian Church in the United States has provided in its 1919 budget a fund of \$1,000,000 to increase the salaries of those among its 6,000 pastors who are not adequately paid. This was announced yesterday by the national headquarters of the "New Idea Movement" of the church organized to raise \$28,000,000 in 1919 for local church expenses, benevolences and other activities.

OPEN NOSTRILS! END A COLD OR CATARRH

How to Get Relief When Head and Nose Are Stuffed Up.

Count fifty! Your cold in head or catarrh disappears. Your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more snuffling, hawking, mucous discharge, dryness or headache; no struggling for breath at night.

Get a small bottle of Ely's Cream Balm from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every air passage of the head, soothing and healing the swollen or inflamed mucous membrane, giving you instant relief. Head colds and catarrh yield like magic. Don't stay stuffed-up and miserable. Relief is sure.—Advt.

There Has Been a Shortage of Lion Brand Evaporated Milk

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White Metal Manufacturing Company, Limited, GERMANY.

Assets of White Metal Manufacturing Company, Ltd., Manufacturers of Tin or Metal Collapsible Tubes and Cans

Notice is hereby given that the undersigned, A. Mitchell Palmer, Alien Property Custodian, will offer for sale to the highest bidder at public sale, on the premises of the White Metal Manufacturing Company, Ltd., at 1006-1012 Clinton Street, Hoboken, New Jersey, at 11 o'clock A. M., on the 18th day of January, 1919, all the assets of every kind and description belonging to White Metal Manufacturing Company, Ltd., as a going concern, including good will and real estate situated at 955-961 Hill Street, North Bergen, New Jersey, leasehold on the property situated at 1006-1012 Clinton Street, and adjoining premises, Hoboken, New Jersey, personal property, machinery, tin and other metal in the factory, equipment, auto trucks, inks, paints, and office furniture (excepting the corporation books, and further excepting cash on hand and in banks, accounts receivable, and securities, belonging to said White Metal Manufacturing Company, Ltd., a corporation organized and existing under and by virtue of the laws of Germany).

Full description of and information concerning the above property, and the terms and conditions of inspection and sale, may be obtained by application to JOSEPH F. GUFFEY, DIRECTOR, BUREAU OF SALES, 110 West 42nd Street, New York City.

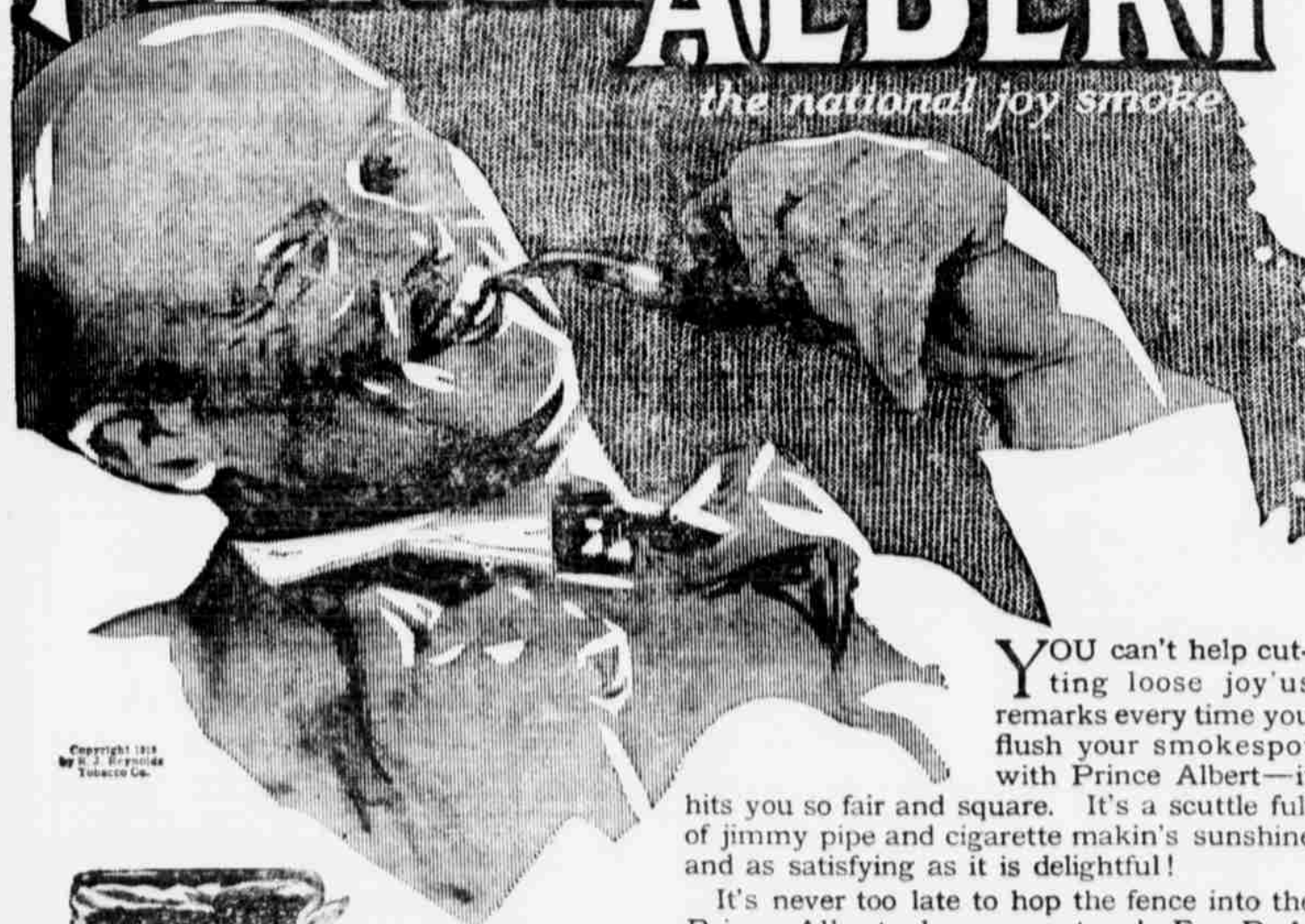
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